

## For Immediate Release

Family Resource Center  
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### ***Becoming You***

Saturday, September 7, 2024

9:00am – 1:00pm

Danner Hall

San Joaquin Delta College, Stockton

[STOCKTON, CA] Family Resource Center (FRC) is excited to launch a new, free community event called, “Becoming You.” This event will provide opportunities for young parents to spend some time thinking about their goals, and learn about available resources in childcare, education, job opportunities, and healthcare options to support them with those goals. The day will be filled with introductions to resources, messages from women who faced family challenges and overcame them, and connections with other parents in our community.

“Becoming You”, a free event for ALL participants, is being held on Saturday, September 7, 2024 from 9:00am – 1:00pm at San Joaquin Delta College in Danner Hall. A boxed lunch will be provided at no charge for pre-registered attendees. Childcare will also be available with prior reservation.

Local organizations will also be in attendance with informational tables at the event to provide information to guests about their services. These organizations will be identifying moms and dads connected to their agency who will attend as guests to learn about the services available.

For more information on attending the event visit [frcsj.com](http://frcsj.com)

About Family Resource Center: Family Resource Center is committed to the health and well-being of children in San Joaquin County, and the adults who care for them. Serving the community since 1980, FRC’s mission is to provide resources to parents and childcare providers to encourage healthy growth for the children in their care. That’s done through advocacy, information, education, nutritional support, training, and childcare services – directly and by financially supporting community childcare providers – so that every child, and parent, has access to safe and stimulating care outside the home. Family Resource Center is the designated service provider for 211 information and referral services for San Joaquin County. Through this service, increased access to information such as child care, nutritional services and over 4,000 other resources are available to new and current residents, 24/7/365 days a year in over 250 languages.