

General Admission \$10

Child Care Provider

# Wellness & Appreciation Day

**Saturday May 4. 9am-2pm**

Robert Cabral Agriculture Center  
2101 East Earhart Avenue Stockton, CA 95206

**Child Care Providers–this day is for YOU!  
Receive tools and resources to support your  
mental health and well-being!**

Child Care Providers play a vital role in shaping the lives of our little ones, and this event aims to honor their dedication and hard work. Exciting speakers, wellness experts, and activities planned to promote their wellness and self-care.

Throughout the day, attendees can participate in rejuvenating activities, mindfulness exercises, and gain tools and resources from renowned experts.

The day will focus on stress management, mental health, and overall well-being, ensuring Child Care Providers feel supported and valued.



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eventbrite



family  
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center